



## January 2008 » E-news

### NSHRF News

#### 2008 – 2009 Health Research Competition

The Nova Scotia Health Research Foundation is now accepting registrations for the 2008-09 Competitive Health Research Programs. Researchers and students who intend to submit an application must register in advance.

Note the registration and application deadlines have changed for the 2008-09 Competition and are as follows:

Health Research Project Grants  
**Registration:** Monday, March 3, 2008  
**Application:** Tuesday, April 1, 2008

Student Research Awards  
Wednesday, March 5, 2008  
Thursday, April 3, 2008

Registration and Application deadlines for the Competitive Capacity Program (Community Research Alliance and Development Innovative Grants) are changing in 2008-2009. These changes will be announced January 31, 2008.

#### NSHRF Launches its Common CV

NSHRF's Common CV is now available for research applicants. We require all applicants for our 2008 Competitive Research Programs to complete the Common CV as part of the application process.

Applicants must fill out the Common CV fields, plus the fields that are specific for NSHRF. We encourage students and researchers who have not completed a Common CV, to register and begin preparing your Common CV as soon as possible.

Applicants will find the link to the Common CV on our web site: [www.nshrf.ca](http://www.nshrf.ca). Questions regarding the Common CV, please contact NSHRF's Common CV Help Desk at 902-424-8833 or [helpdesk@nshrf.ca](mailto:helpdesk@nshrf.ca)

About the Common CV - The Common CV Network, launched in July 2002, is a web-based tool that allows researchers to manage their CV data in a single repository and generate multiple CVs to member organizations.

#### Accountability

The Nova Scotia Health Research Foundation (NSHRF) is a results oriented organization, planning for what we want to accomplish and reporting on the results that have been achieved. Our new Accountability web page provides information about NSHRF's strategic goals and objectives, resources and results that have been achieved.

Our new Accountability page is found at:  
<http://www.nshrf.ca/AbsPage.aspx?ID=1158&siteid=1&lang=1>

### **Welcome Aboard!**

NSHRF is pleased to welcome a new staff member to the team.

Joining us is Jennifer McNutt, our new Manager, Health Research & Matching Grants Programs. Jennifer will be responsible for the annual health research competition including Health Research Grants, Student Research Awards and Matching Grant Awards. She is also responsible for the peer review process of these competitions.

To meet Jennifer, visit  
<http://www.nshrf.ca/AbsPage.aspx?id=1002&siteid=1&lang=1>

### **IN PROFILE: NOVA SCOTIA RESEARCH**

#### **The Origin And Nature Of Stress Responses In Women And Men**

Researchers have proven that men and women have different brains, and respond to stressors differently. While women are more stressed by time constraints, meeting others' expectations, and family-related issues, men are more affected by work-related stressors and financial difficulties. These behavioural differences are likely partly due to chemical and/or structural differences in the brain, and many of these responses are programmed in the brain at an early age.

Tara Perrot-Sinal, Associate Professor, Psychology & Neuroscience Department at Dalhousie University, has contributed to our understanding of these differences in stress-related responses. Her study, partially funded by the NSHRF, looked at the changes in the brain that occur in the early years of development.

Dr. Perrot-Sinal's key findings included insights into the chemical realities behind early stress response programming and the process by which the brain becomes 'male' versus 'female' (termed sexual differentiation).

To read more, visit <http://www.nshrf.ca/AbsPage.aspx?ID=1288&site=1&lang=1>

#### **Workplace Violence: Policing, Nursing, And Teaching All Violent Jobs**

Two local researchers, Stephen Perrott and Kevin Kelloway, have conducted the first substantial study into workplace violence for police officers, nurses, and teachers. Their goal was to understand where workplace violence occurs — and their results are surprising. The study consisted of in-depth surveys conducted with 189 police constables, 564 public school teachers, and 193 registered nurses in Nova Scotia. These professionals were asked extensive questions about their experiences with workplace violence.

To read more, visit <http://www.nshrf.ca/AbsPage.aspx?ID=1288&site=1&lang=1>

### **KEEP IN TOUCH**

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