



October 2010 » E-news

## NSHRF NEWS

### **Funding still available for REDI Awards**

We are still accepting applications for the 2010-11 Research Enterprise Development Initiatives (REDI) awards. We anticipate that the awards will close the end of November 2011 as funds become fully committed. For further information on award eligibility please see the [program description](#). Application forms and submission details can be found on our [website](#).

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### **Knowledge Sharing Support Awards funding closed**

Funding for the 2010-11 Knowledge Sharing Support Awards has come to a close for the year. Successful applicants will be notified soon, if they have not already been contacted. The next round of funding is anticipated to open in spring 2011. For updates please visit our [What's New](#) page. Information on the awards can be found on our [Funding/Programs](#) page.

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### **Establishment and Development Innovative Grant funding**

The 2011-12 funding for the Establishment and Development Innovative Grants is expected to be open by December 2010. The Establishment Grant's purpose is to build capacity in health research across one of the following four categories: biomedical, health policy, health services, and health outcomes. This grant is open to researchers who are starting their career, new to the province or are established researchers who now focus on health research.

The Development Innovative Grant provides funding for Nova Scotia health research initiatives that will strengthen a grant submission to a peer reviewed provincial, national or international health research competition. Researchers with an academic appointment at a Nova Scotia university or affiliated research institution can apply. The grant is also open to researchers who hold an appointment (with research responsibilities) at an affiliated hospital/research centre/institute. To be eligible, researchers must reside and work in Nova Scotia during the time of the award.

For updates on the availability of the grants please visit our [website](#).

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## Research trainee funding

We are currently reviewing our programs that support students and trainees. Funding opportunities for the 2011-12 year have not been finalized at this time. We anticipate that an update will be available in the New Year. Please visit our [website](#) for updates. You can also subscribe for NSHRF website updates.

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## EXTERNAL NEWS

### CAHSPR Annual Conference

On May 9-12, 2011 the Canadian Association of Health Services and Policy Research will be holding their annual conference in Halifax. This year's conference, *Renewing Federalism, Improving Health Care: Can this Marriage Be Saved?* will discuss if the renewal of federalism is the key to the improvement of our health system and will look at whether or not governments can get along better. Visit the CAHSPR [website](#) for further information.

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## IN PROFILE: NOVA SCOTIA RESEARCH

### Leaving Work, Taking Care

Investigator: Dr. Áine M. Humble  
Department of Family Studies and Gerontology  
Mount Saint Vincent University

Dr. Humble was inspired to look at the concept in relation to people who have left the paid workforce to care for another adult. Retirement congruency suggests three types of retirement “fit.” People with low congruency were forced to retire and wanted to stay at work. Those with high congruency did not want to continue their employment. Moderate congruency means that they chose to retire, but would have kept on working had circumstances been different.

The mixed-method study identified four ways (sudden, coincidental, gradual, and breaking) in which the caregivers had become retired. The study found that people who retire to give care are three times more likely to have moderate congruency, as opposed to high, when compared with people who retired for other reasons.

The study found that tough financial penalties and psychological penalties were balanced against the feelings that may come from caring for a loved one. Ultimately, the relationship between caregiving and retirement is very complex.

Dr. Humble’s study has been published and presented at academic symposiums and other events. The study can also help contribute to policy discussions.

Further information of Dr. Humble’s study can be found in our upcoming Annual Report.

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## DID YOU KNOW?

Looking for a colleague, possible collaborator, or expert source of information? Take a look through the [Nova Scotia Directory of Health Researchers](#), available online at the NSHRF website.

If you are a Nova Scotian researcher working in a discipline either directly or indirectly related to health, please take a minute to add your name to the roster through your [Canadian Common CV](#).

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## KEEP IN TOUCH

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